

Coach Certification

TRAINING	TIME COMMITMENT	BRIEF DESCRIPTION	DESIGNED FOR
Annual Coach Meeting	1-2 Hours	Informative meeting to familiarize volunteers with coaching requirements	All Head Coaches in the region
Safe Haven Coach Certification	3 Hours	Course covers child protection issues and volunteer protection	All coaches and assistant coaches in the region (One time commitment)
U6 & U8 Coaching Course	2 Hours	Course covers skills to be taught at the U6 & U8 level and the benefits of short-sided play	All U6 & U8 Head Coaches & Assistant Coaches
U10 Coaching Course	4 Hours	Course covers skills to be taught at the U10 level and the benefits of short-sided play	All U10 Head Coaches & Assistant Coaches
Youth U12 Coaching Course	5 Hours	Course focuses on techniques of soccer, rules of the game and beginning tactics.	U12 Coaches
Intermediate Coaching Course (Given by Area 12D)	15 Hours	Course focuses on tactical situations and set pieces	Youth (U12) Coaching Course graduates
Advanced Coaching Course (Given by Area 12D)	18 Hours	Course focuses on tactical situations and advanced tactics	Intermediate Coaching Course graduates
National Coaching Course (Given by National Coaching Staff)	56 Hours	Coach training for the most advanced levels of play	Advanced Coaching Course graduates with authorization

1. All first year coaches who are coaching U12 to U19 must start their training at the U10 Coaching Course level.
2. All coaches and assistant coaches must complete Safe Haven Coach Certification and job specific training to be protected by the [Volunteer Protection Act of 1997](#).
3. All coaches participating in the All Star Season, are required to be certified and trained at the age/skill level of the team they enter to coach.