

AAL 5010

RULES and REGULATIONS

Classification of Teams:

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| A. Coed Recreational | Men and Women |
| B. Coed Competitive | Men and Women |

Age:

Adults – 19 years as of July 31st of the current year or older.

Ball:

A size 5 ball will be used by the league. Each team must supply a game ball.

Field Locations:

1. Fall Season: Crossroads Park – Knox Road and Greenfield in Gilbert, AZ. The teams scheduled for the 6:30pm game will be responsible to set up their goal nets and corner flags, the 8:15pm games will be responsible to take down their goal nets and corner flags.
2. Spring Season: Red Mountain Soccer Complex – Sunnyvale and Brown in Mesa, AZ. All goals are permanent, corner flags and nets will be provided.

Schedules:

Schedules will be posted on the website www.ayso688.org under the adult league link the week before the season begins. You will not be guaranteed game times. Games will start at 6:30pm and/or 8:15pm. In some cases, teams may be required to play on a night not normally scheduled due to rainouts.

Roster:

A player must be a registered USASA/AYSO adult player (individual annual player registration fees paid to AYSO prior to any practices/matches) and on a team's roster to play in any game. The team, coach or manager must submit a team roster when registering. A player may be added or deleted from a roster through the **third week** of the season with the permission of the Region Commissioner. After the third week, rosters are frozen. To add or delete players from a roster, a team representative must contact the Regional Commissioner by e-mail at: ask688@cox.net

- A. Players are **not permitted to play on more than one team during any one season.**
- B. AYSO staff will check team rosters to verify player validity. Any player information which is not correct on a team's roster could result in the dismissal of that player from the league. Coaches should at all times keep up-to-date records of their team's roster.

Eligibility of Player:

Players are not permitted to play on more than one team in the same season. Any person caught playing for two teams in the same season will result in suspension of that player for the remainder of the season.

- A. Any violation of these rules could lead to forfeiture of the game. The League Coordinator has the final decision as to the extent of any punishment.
- B. An official will check your team roster at game time. A violation could cause a game forfeiture.
- C. For protest purposes – it is recommended that all participants carry a photo ID for eligibility purposes.
- D. If an illegal player is suspected, AAL 5010 does reserve the right to take appropriate action.

Insurance:

Soccer Medical Insurance (injuries or loss occurring directly from playing in AAL 5010 is provided by the league through USASA. Contact ask688@cox.net immediately for insurance information.

Conduct:

Some forms of unsporting behavior will warrant automatic ejection with no warnings given.

Any player or coach ejected from a game will automatically be suspended for a minimum of one (1) game, in addition to game in which player/coach was suspended.

- A. A second offense will be reviewed by the regional board for any further disciplinary action.
- B. No manager, player, or spectator shall:
 - 1. Threaten an official.
 - 2. Lay a hand upon, shove, or strike an official.
 - 3. Be guilty of objectionable demonstrations of dissent at official's decision.
 - 4. Refuse to abide by official's decision
 - 5. Be guilty of physical attack on any player, official, or spectator.
- C. Any player or spectator removed from a game must leave the park immediately.
- D. The league coordinators reserve the right to make the final decision in all matters.
- E. Fighting will not be tolerated and any player/spectator/team involved in fighting will be suspended from the league for the balance of the current season. An administrative review will be convened to review the individual's conduct if the player/spectator/team wishes to return the next season.
- F. **Alcoholic beverages** are NOT allowed at any park at any time. Teams are responsible for their spectators. Drinking is not allowed in AYSO programs. If the officials suspect any player of consuming alcoholic beverages prior to, or during a match, and deems them impaired to participate, the player may be removed from the field and/or area.
 - First Offense – Team: Forfeiture of next scheduled game. Player: Suspension from next scheduled game.
 - Second Offense – Team and/or player dropped from the league.

Co-Ed Rules:

Field team: consists of eleven (11) players. A minimum of seven (7) players is required to start a game. Teams must maintain a minimum of three (3) women on the field at all times. Clarification of the rule is as follows:

- Only 3 women – 8 men can play on the field
- Only 2 women – 8 men can play on the field
- Only 1 woman – 7 men can play on the field
- Zero women is a forfeit game.

Slide Tackling: Field players, in the opinion of the referees, whether accidental or not, are not allowed to do a sliding tackle, and will result in an indirect free kick for the opposing team, and a misconduct (yellow card) for the player who committed the sliding tackle may be issued depending upon the manner the tackle was executed (in the opinion of the referee). Sliding in open field space with no other players in the active area of play is allowed. A defensive slide tackle from a field player (not the goalkeeper) within the attacking penalty area will be sanctioned with an appropriate misconduct and a penalty kick restart. **(The goalkeeper may do a sliding tackle only if he/she is saving a goal. This tackle must be done safely, or in the opinion of the referee may be deemed “dangerous play” resulting in an indirect free kick for the opposing team as outlined by FIFA law)**

Playing Rules (Region 5010 follows FIFA Law except where otherwise noted):

- A. Substitutions: Your team is allowed to make a substitution when:
 - 1. There is a goal kick by either team.
 - 2. Your own team has a throw-in
 - 3. The other team has a throw-in and if the other team substitutes first.
 - 4. If an injury occurs – unlimited.
 - 5. There is a delay of game and at the referee's discretion.
 - 6. Summer season either team may substitute on the following:
 - i. Throw-in, goal kick, corner kick, or any of the above mentioned opportunities.

- B. Penalty Kicks: Men or women, depending on the keeper will take kicks. If the team has a female keeper, then only a female can attempt the penalty kick. If there is a male keeper, then anyone can attempt the kick. The keeper is determined at the time of the penalty. Kicks from the mark to determine the winner of a tournament match may be either male or female without regards to the gender of the keeper.

- C. Shin Guards: All players are required to wear shin guards at all times they are on the field, no exceptions, and within FIFA law outlining adequate protection for the player! If in the opinion of the referee the player's equipment is not allowed by FIFA law that player will not be allowed to enter the field of play until such equipment has been corrected.

- D. Time: Two 45 minute halves with running time. Half time will consist of 10 minute unless the game has been delayed and the officials and/or supervisor rule that the second half must start sooner. The officials will only give time outs due to injury and/or official stoppage of time. Game clock starts at 6:30pm and 8:15pm regardless if both teams are ready to play. If the match is delayed for reasons deemed necessary by the league administrators the referee shall shorten each half accordingly.

- E. Forfeits Time: A five (5) minute grace period will be allowed before the game is called. Teams may play a scrimmage consisting of two 30 minute halves if so wish.

- F. Game without Officials: AAL 5010 schedule officials for every game. Players will be at their own risk for any injuries sustained during a match without officials on the field.

- G. Game Rain Out: Make up games will be made up if field is available at the end of the season.

- H. Uniforms: All players must have the same color shirt/jersey to play in a game. Uniforms must have numbers permanently affixed and **no taped or hand written numbers**.

- A. Jewelry and Injuries: Casts (plaster, metal or other hard substance in its final form), exposed jewelry such as wrist watches, bracelets, large loop type earrings and neck chains, or any other item judged as dangerous by the officials or field supervisor, may not be worn during the game. This is a modification of FIFA Law.

Tie Games:

Tied league games will end in a tie. Exception: Tournament games – will consist of two 5-minute periods, if at the end of the overtime period the game is still tied, kicks from the mark will be determined a winner. If time does not allow for the two 5-minute overtime periods, game will go to kicks from the mark immediately following the end of the regulation length game.

League Standings:

Total points will determine tournament standings. Scoring for games is 2 points for a win, 1 point for a tie and 0 points for a loss. For tied teams (2 or more), the following tie breakers will be followed in order.

1. Teams playing each other in previous game, the team that won shall be deemed the winner.
2. Team with the highest total goal differential when they played each other in previous game shall be deemed the winner.
3. Overall league goal differential shall be deemed the winner.
4. Tied teams with the least cautions will be deemed the winner.

In addition, any team that has forfeited any game against the team(s) will automatically take the lowest position in the standings.

League standings will be updated and available at www.aysos688.org under the Adult League link.

Awards:

League champions will receive a Championship T-shirt, one per player.

Protests:

- B. Only rule interpretations and ineligible players will be justified for protest purposes and not an official's judgment on a call, or use/lack of use of a red or yellow card(s).
- C. Teams must advise officials of the protest; protests will not be accepted once the game is completed.
- D. Protests must be written and submitted the next business day via fax (480) 844-9606 or email dklein03@cox.net

